



Block 1 - Double 4-Patch

Choose 3 fabrics.

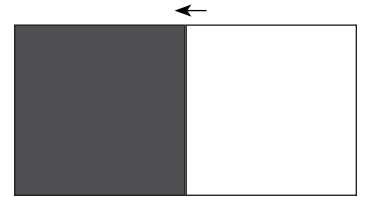
Cut: (Cut sizes include a 1/4" seam.)

Fabric #1: 2 squares, 5" x 5"

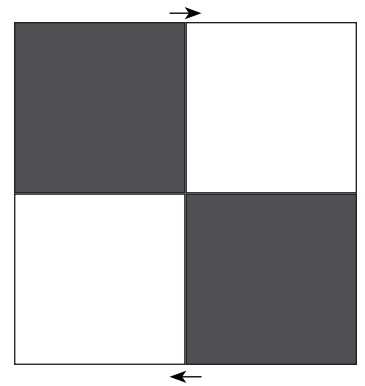
Fabric #2: 4 squares, 2 3/4" x 2 3/4"

Fabric #3: 4 squares, 2 3/4" x 2 3/4"

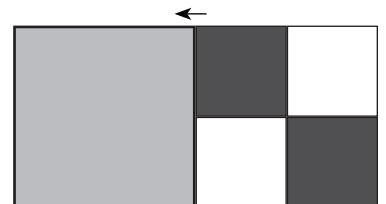
1 Sew each of the 4 squares of the #2 fabric to each of the 4 squares of the #3 fabric. Press toward the dark.



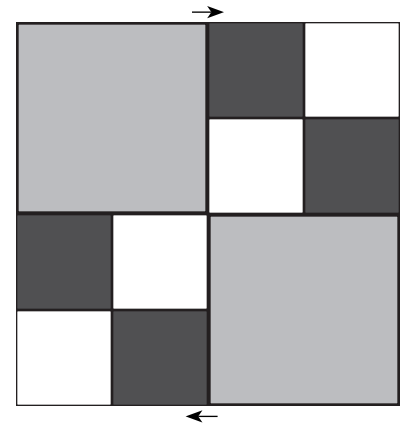
2 Sew 2 units from step 1 together to form a 4-patch. Press using the "split seam" method. (See below.)



3 Sew a 4-patch unit on the right side of each #1 fabric square. Press toward the large square.

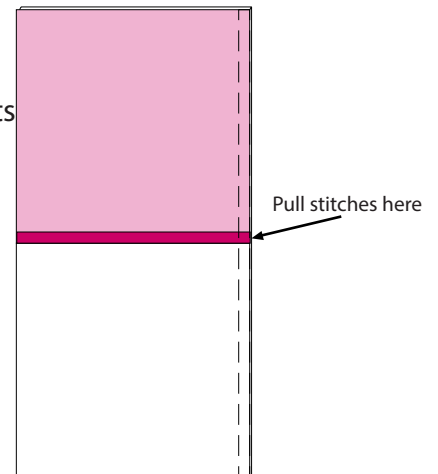


4 Sew each of the units from step 3 together to form the block. Press using the “split seam” method.

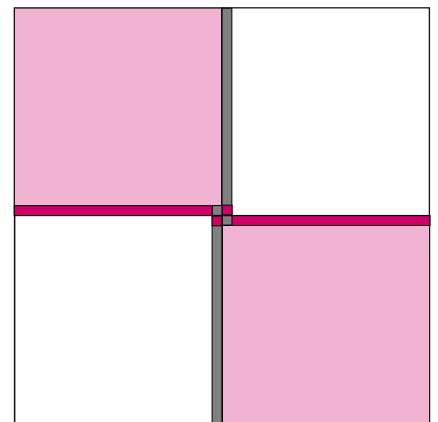


Helpful hint: Split Seams

When making blocks that have a four-patch construction, use a “split seam” technique when pressing to help the seams of the quilt top lie flatter. Press the first seam allowances toward the darker fabric. After sewing the two units together, pull the center to pop the last couple of stitches from the original seams.



Press the “split” seam open in the opposite directions. You’ll see a tiny four-patch unit where the seams come together.



This technique works for all blocks with a center seam: pinwheels, double 4-patch (on both sets), etc. And you’ll see a tiny block in the seam allowance for any of these!